



## WELCOME SERGEANT TIM DESAULNIERS: *Shawnigan Lake RCMP Detachment*

**Oriana Parker,**  
South Cowichan Community Policing

South Cowichan Community Policing would like to welcome and congratulate Sergeant Tim Desaulniers on his new posting with the Shawnigan Lake RCMP Detachment.

Sergeant Tim was born and raised in Manning, AB, a small town 73 km north of Peace River on the Notikewin River. With a population of under 2,000 inhabitants, life moved at a slower pace and most everything was within walking distance. Most people had strong family and social ties to their community. RCMP Constables who lived and worked in the community were also well known and respected. They interacted with youth when visiting the schools, hockey arenas, and by supporting and participating in events and programmes. They are the heart and soul of community policing and hold a personal connection



to the community through their work.

Sergeant Tim recalls, while in high school, had opportunities to ride in a cruiser and

go on rounds with the Constables. On Sundays, working part time at the local garage, he would wash the outside and clean the inside of the cruisers. After gradu-

ating from high school, Sergeant Tim decided he wanted to be a banker and took university courses while working at the bank so that he could further his career. However, that dream slowly faded away when he realized that as a loan officer he would have to turn away friends and neighbours. This was not appealing to him at all. It seems that fate had a more challenging and interesting career in store for him.

Looking back, Sergeant Tim recalls, "My brother-in-law was applying to join the RCMP. He suggested that I too write the suitability test." As it turned out, I did very well and, not too long afterwards, I got a call at the bank from the RCMP. They wanted me to start my training at the Regina Depot. It was a life changing decision as my wife and I decided to take this opportunity to expand our horizons."

In May of 1997, upon

graduation, Sergeant Tim and family moved to his posting in Ladysmith, BC. During his 22 years of service he served as Corporal in Ladysmith, Corporal in Shawnigan Lake, promoted to Sergeant in the Comox Valley and today is serving as Sergeant for the Shawnigan Lake Detachment. He is a keen supporter of community policing and knows first hand its value to the community and police force. He oversaw, for Courtenay, Cumberland and Comox municipalities, the Police Dog Section, Municipal Traffic and Client Services, all of which incorporate community policing initiatives.

In 2005, he participated in the Tour de Rock, Cops for Cancer and still supports this fundraiser today which fights childhood cancer.

We at SCCPAS are proud to have Sergeant Tim with us and look forward to working closely with the RCMP detachment to ensure safer and happier communities.

## Easter Seals Camp Shawnigan

### Great news for Shawnigan!

The future looked dim for Camp Shawnigan when they failed to operate a camp in 2018. With twenty acres of Vancouver Island lakefront, it is an incredible destination for the 200 kids with disabilities who enjoy the camp each summer. At that point, it looked like Easter Seals B.C./Yukon would have to cash out of Shawnigan to prop up its operations elsewhere.

Instead, an ambitious 10-year plan was unveiled last week which envisions not only reopening the camp this summer, but gradually turning the site into a year-round facility that includes mixed-use housing, new space for other agencies to share, a place for skills training for adults with disabilities, cabins for corporate retreats and more...

The dream is to be much more than a summer camp for children with physical or cognitive challenges - and to free the charity from the life-or-death reliance on going cap-in-hand to donors. "We're going to a model where we're looking at mixed sources of income," says Charlene Krepiakovich, the president of Easter Seals and the B.C. Lions Society for Children With Disabilities.

Part of the vision at Shawnigan includes "social enterprises" where the charity partners with business — the tech sector, or tourism — to provide job training for young adults with disabilities. One idea is a commercial greenhouse. Another involves a vacation lodge where the dining hall now stands, or the rental of waterfront cabins when summer camp is over. The Cowichan Valley Regional District (CVRD) has been supportive, but these ideas are down the road. First, they will have to bring the site, dormant since 2018, back to where it needs to be to reopen for summer camp in August.

When Camp Shawnigan is going, though, it is a pretty amazing place. Dating back to 1979, the purpose-built camp offers ramps, lifts, accessible washrooms, nurses, a lower staff-to-camper ratio than is found elsewhere. The focus is to allow kids to find abilities they didn't know they had. There are wheelchair-accessible low-ropes courses, giant swings, modified climbing walls, and trampolines built into the ground so that bouncers don't have so far to fall.



Janet pushes boulders on Mt. Baldy



## 6th Annual

# Family Day

## IT'S ABOUT THE STORIES...

great things happen to those who share them

- Free Family Fun!
- Story Walk
- Sharing stories with  
Fingerpuppets, Felt Stories  
Songs and more

**Monday, February 18th**

**10:30 AM - 1:30 PM**

**Shawnigan Lake Community Centre**

More Info?

shawniganlakemuseum@shaw.ca  
www.shawniganlakemuseum.com  
250-743-8675



## Shawnigan Lake Museum



**Christine Westland**  
Shawnigan Lake Museum

As the new Chair of the Shawnigan Lake Historical Board I am looking forward to an exciting and fun 2019. Starting out with Family Day Feb 18th the museum will be hosting a variety of events and fundraisers. As we move forward with Project Impact – the plan to enhance and expand the existing museum facility for fu-

ture sustainability (the addition will be just over 2000 square feet), the Board will be reaching out to our community for support. We hope you will support our fundraisers and events to help the community realize this dream of an enhanced museum, cultural centre and community gathering place.

In May, we will host a Contractor's Night and invite local trades people to the museum to view our plans and renderings of Project Impact. There are many ways to support the dream of Project Impact: volunteer, donate, attend events, become a member and by getting a museum dedicated Thrifty's smile card. The most important way to help is coming to visit our museum and sharing your Shawnigan memories.

*"Stories make Memories -  
Memories make history"*

## South Cowichan Library

### New in 2019:

The Vancouver Island Regional Library has eliminated fines on children's materials! Also, the South Cowichan Library in the Mill Bay Centre now has its own Facebook page: **VIRL South Cowichan**

### Drawing the Face of Love, Parts 1 & 2:

6 - 7:30pm, Thursday, Feb 14 & 28:

We provide the card and other art supplies—you provide the face and love. Francoise Moulin from the Cowichan Intercultural Society will guide us in creating black and white portraits of loved ones. Free!

### Parent-Child Mother Goose has started again:

For children and their caregivers; we share rhymes, songs, storytelling, and a snack every Friday through March 8. Offered in partnership with Island Health. Drop in and register. Ages 0-4. Free.

### Tablet Workshop :

Wednesday, Feb 6, 6-7pm. Learn how to use the tools you already have in your tablet, from browsers to email to apps. Also learn how we can

connect you to eResources. Free, just bring your tablet on the first Wednesday of each month.

### French Conversation Club:

Alternating Thursdays, Feb 7 & 21, 5:30-7pm. Come by and practice parler en français with a native French speaker.

### Family Storytime:

Saturday, Jan 9, 11am to noon. Join us for stories, rhymes, songs, and crafts on the second Saturday of every month. For children aged 2 to 6 and their adults. Free.

### LEGO® Club:

Meets on Wednesday, Feb 13, 3:30-5:30pm This is a free, drop-in event best suited for children 6 to 12 years but anyone old enough to resist eating LEGO® is welcome. On the second Wednesday of every month.

### Chess Club:

This drop-in group for chess players is on Friday, Feb 22, 1-4pm. Meets on the last Friday of each month, new players welcome. Free.



Marcy Green (right) enjoys tea with Kate Roberts (middle) and Liz Waelti (left) at the recent AGM for the Shawnigan Lake Historical Society. Marcy served for eight years as the Chair of the Board and will remain on the Board. Christine Westland will take over the position as Chair. Other officers include Grant Treloar, Vice-Chair; Gaileen Flaman, Secretary; Pieter DeVries; Cathy Waet and Lori Treloar.

*"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties."*

*-Helen Keller*

# Shawnigan Residents Association

Thomas Lupton  
SRA

One of the benefits of living in an area like Shawnigan Lake is that there are a lot of very handy people around who are willing to give their time to their neighbours who need help. Whether you need a dock repaired from wind damage, flooring redone because of a flooding, wiring done in your new renovation project or someone to help you with a fence, there is always someone nearby who knows what they are doing. Which leads me to my question: Who knows a good carpenter?

Like many of you, I got my property assessment in the mail the other week, and

upon opening it, my jaw nearly hit the floor. I looked at my increased value and immediately began thinking of ways I could spend my newfound wealth. If I could sell my home for that amount of money, I could live in a palace in Regina! Except, of course, I'd be in Regina. But then the cold reality of what had really just happened swept over me like a power outage in a windstorm: Taxes.

It's fair to say that no one really enjoys paying taxes. We all do it, because stuff needs to get paid for and we mostly recognize that tax revenue is used to keep our communities working, but no one loves waving goodbye to that money. With an increased assessment that can only

mean one thing: more taxation. Don't we already pay enough? Well, those government fat-cats hadn't counted on my ingenuity. Cunning new plan: If I smash a few holes in the walls of my house with a sledgehammer, tear out some wiring, and dig up my yard my home will be valued less and I'll pay less tax. I'm basically making money by wrecking my home!

About midway through my fifth glorious hammer swing my wife came home and 'calmly' explained things to me about property taxes. It turns out that taxes don't necessarily go up with an increase in assessed value. Rather, our property taxes are used to balance the CVRD budget. We start to

pay more taxes when there is some expensive project in Saltair or Glenora that increases the expenses of the vast CVRD which then requires an increase in the property taxes of Shawnigan residents to balance the budget. I'm sure they're grateful for your mandatory donation! The other thing I learned is that the best way to pay for all the things we want around here (nice trails, smoother roads, clean water, etc.) is to encourage development, because the taxes generated from development is assessed at a higher rate and would go a long way in paying for the services that we are currently doing without.

Let's be clear, there is development, and then there is

development. No one wants monolithic block apartment buildings plunked down in the village, but considerate, useful, and tasteful development not only increases our quality of life, but actually helps reduce our tax burden.

If we want more control over what kind of development we want in our community, and where our property taxes go, becoming a municipality sure would help.

Good, new, development and a freeze or possible reduction in taxes sounds a little bit like cheating death (death and taxes being the only constants in life). Now, if only someone had explained this to me before I picked up the hammer. Anyone got that carpenter's number?



## Shawnigan Stargazer

Colin Frostad  
Shawnigan Focus

### February: Andromeda Volume 1

Well, we lucked out for the Lunar Eclipse in January. From where I watched, it was not as red as those I have witnessed in the past; it was greyer. This month we are going to build off the November Stargazer on Cassiopeia and visit the constellation next to her, her daughter Andromeda. Andromeda is a relatively large constellation, the brightest stars of the constellation making an upright V in the February evening sky.

To find Andromeda, simply look to the NW at roughly 9 pm and spot the now familiar W shape of Cassiopeia (see November Stargazer). Once you find the W, follow the two apices to the south and find the upright V that makes up Andromeda (see the star chart for clarification). Andromeda is not as famous as the Big Dipper or other brighter constellations, but what sets it apart in astronomy is what is contained within it, the closest neighbor to our own Milky Way, the Andromeda Galaxy.

To find the Andromeda Galaxy go back to Cassiopeia and locate the three brightest stars towards the horizon (Navi, Shedar and Caph). Using these three stars as a pointer, follow the arrow to  $\mu$

Andromedae and the brighter star Mirach (see chart again).

If you go from Mirach to  $\mu$  Andromedae, and then that same distance once again, there lies the Andromeda Galaxy. If you have 20/20 vision on a clear dark night you can spot the fuzzy patch of night sky with your naked eye. This is one of the farthest objects from Earth that you can view with the naked eye. I must admit, I have given you some challenging targets with binoculars in past issues, however, even with basic binoculars you will be able to see an elongate hazy area. With a backyard telescope you should be able to make out the bright central galactic bulge.

The history of the Andromeda Galaxy in the annals of science would take another 500 words that I don't have room for. We will address this next month in Andromeda Volume 2.

Planets and Moon: Mars is still in the SW sky in the evening, while Venus, Jupiter and Saturn are in the SE sky at dawn. Observe Mars on Feb 11th, 12th and 13th with binoculars and notice that it passes over top of a greenish object, the planet Uranus. This is probably your best chance to locate and view Uranus as you can use Mars as a sign post. New Moon is Feb. 4,

What did the January Calendar Girl say to the February Calendar Girl?  
jnoH ueyH satep arow avey I





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# Book Review

**Marcy Green**  
*Shawnigan Focus*

**Washington Black**

**Esi Edugyan**  
Published by Harper Collins Publishers Ltd.  
Copyright 2018 by Ides of March Inc.

This is undoubtedly a book deserving of its many accolades. It was a Finalist for the Scotiabank Giller Prize, the Man Booker Prize, and the Rogers Writers' Trust Fiction Prize. Beautifully written, it is indeed an original and "fantastical" story.

It is an odyssey on two levels. The first is a sort of Around the World in 80 Days geographical journey which begins in the sugar cane slave fields of Barbados in the 1830's. It then takes us to the southern coast of America, up to Canada and then to the high Arctic. From there it swings to England, Amsterdam and finally ends in the scorching desert of Morocco. The mode of travel includes a hot air balloon, sailing ships, dog sleds and a caravan of camels. Always there is something on the horizon to

be discovered, usually a person, often with a scientific idea or experiment to be explored.

Our hero, Washington Black is on his own personal odyssey, from a brutally treated slave child working in the cane fields to a young boy befriended by an eccentric Englishman, who happens to be an abolitionist. As Wash, as he is called, learns to read, and help with his guardian's scientific work, there emerges a fine intelligence and a decided artistic skill for illustrations.

When, as a young man, he is abandoned by his mentor, he learns to survive on his own, meeting a variety of characters, some decidedly wicked and a few who eventually befriend him. He finds romance, in spite of a badly burned and scarred face from an experiment gone wrong, and learns who to trust in a world full of people who regard him as sub-human.

Esi Edugyan illustrates the inhumanity of the dark era of slavery and shows us the few good people who fight for the freedom of black people. However, she leaves us with questions

about "goodness" as Wash accuses his mentor near the end, "You never saw me as an equal. You were more concerned that slavery should be a moral stain upon white men than by the actual damage it wreaks on white men." Food for thought, indeed.

I would like to say that I enjoyed this book, and, at times I did like it very much, especially some of the more lyrical descriptions of sea life and the early history of aquariums. But at other times, especially during the first half, I plodded through, wondering if I would finish it. The second half I read in an evening so I can only guess it might have been due to relief that Wash was no longer in such danger. I would not place it in my collection of favourite books reviewed, although there is much to admire.

Edugyan is a Victoria writer and so kudos to her for writing such an internationally acclaimed novel. Recommended for those who believe in equality, enjoy adventure and like learning about early scientific experiments.

**Rating: 4/5 stars**

## Walk Talk

**Robin Massey**  
*Shawnigan Focus*

**Happy Heart month everyone!**

In celebration of heart month, why not attempt a heart thumping, heart bumping hike right near your own backyard. A lot of you may be aware of the hidden power line trail off Deloume Rd, but then again, maybe not. And perhaps, it's not that hidden after all, as you can catch a glimpse of it from Shawnigan/Mill Bay Road near the old Copley Field.

It is a pretty basic trail, but oh, the places you can go; unlimited access to miles and miles of powerline gallantry! Be aware that it's mostly uphill on the way there ... but on the bright side, it will be downhill on the way back!

Where? While on Shawnigan/Mill Bay Road (going east), turn right on Deloume Rd, head down the steep bit and pass over the little single lane bridge. Follow around the left bend, along the swiggly road to the Y with the backward facing stop sign. Turn right, drive slowly as far as you are comfortable for a suitable parking spot. Once on your feet, walk to the end of the road and the 'No Trespassing' sign - yes that's right - but veer right between the trees and fence for a few moments watching left for a yellow

low gate (by now you have more than likely noticed the power lines) - pass around the gate and enjoy. For your first time I would highly recommend staying straight and true to the trail as the branches can get you into trouble if you are not familiar with them.

Now, in getting back to heart health, according to sharecare.com, hiking (or walking briskly) has many benefits for your heart. Benefits such as lowering high blood pressure, blood fats, risk of stroke, obesity, type 2 diabetes and metabolic syndrome (which is a whole host of other health concerns). The site also states that even if one already has heart disease, it is possible to prevent it from worsening by engaging in some form of physical activity. Walking and hiking

are fairly simple activities to take up as there is not a lot of equipment required. All you have to do is grab a good treaded pair of shoes or boots, and if there are stability concerns, grab a stick or two for support. Of course you do not have to run to the hills to reap benefits as there are so many places around our area that are conducive for the beginner.

You can find out more benefits of getting your heart pumping via walking and/or hiking at: <https://www.sharecare.com/health/benefits-of-walking/how-walking-strengthen-heart>

So how are you planning to celebrate heart month?

Be sure to check out photos from this hike (and others) on our Facebook page - The Om Tree.



## I believe in the future of Shawnigan Lake

**Sierra Acton**  
Area B Director

### Love it!

Our village is the heart of our community. From the many conversations that have been had with businesses, community groups and locals from seniors to youth, one thing is clear: we all want a vibrant, healthy, thriving village. Therefore, with the help of the CVRD and Economic Development Cowichan (and no impact to taxes), the community will be undertaking a design charrette to help guide the future development of the village. The consensus is that we want convenience, connectivity, lake access and views and also a strong sense of place. A design charrette creates the blue print that visualizes all these goals and specifically lays out the where, what and how thereby bring-

ing the private and public sectors together. This ensures we get the services, development and recreation we want in our village. It becomes a document that can be used to help get us infrastructure grants, seniors housing, and attract new businesses.

More businesses mean a larger commercial tax base which will help alleviate some of our tax burden since we are so heavily residential in Area B. Attracting new businesses, employment and affordable housing to Shawnigan aligns with our community's long-term vision of a place where we can live, work and play.

The charrette makes it visual and will be owned by the community to help shape the future we want to see. Stay tuned! Everyone is invited to participate.

### Share it!

I'm excited to report that Phase 1 of the Shawnigan Village Rail Trail project is underway and should be complete in about two weeks. Phase 1 will connect the Community Centre to Government Wharf Park. This initial 300-metre section is the first piece of a project that will provide significant benefit to the greater community of Shawnigan Lake by getting people off the roads and enhancing access to the lake and village.

The Rail Trail project has been in the works since it was first identified in our Community Parks Master Plan back in 2010 and many residents provided feedback and input during the CVRD's public engagement activities in 2018. If fully built out, the project will create almost 2 kilometre-

tres of accessible public trail between Mason's Beach and Old Mill Park. Eventually it is possible that the trail will even connect to Cobble Hill, the Kinsol Trestle and the Trans Canada Trail.

I look forward to seeing many of you on the trail when it opens later this month!

### Protect it!

The community spoke and I listened. Almost everyone I talk to wants to see more for their tax dollars and more funds returning back to the community at a local level. Therefore, in recent planning of the 2019 budget, the Board decided to move the funding from the Shawnigan Basin Society to the Area B grant

in Aid to ensure maximum support for local watershed initiatives. I care deeply about the health and viability of our watershed and I believe that these changes will enable us to directly fund watershed initiatives and community groups working on water projects without wasting local tax dollars on overhead and salaries that potentially duplicate the new Regional Watershed function.

Happy to connect [Sierra.Acton@cvrd.bc.ca](mailto:Sierra.Acton@cvrd.bc.ca)

Important Invite! Emergency Preparedness Presentation by CVRD Safety Division at next Director's Meeting Mon. March 4th at 7pm at the Shawnigan Lake Community Centre.

## Welcome Shawnigan Vet

**Dr. Denise Phipps and Dr. Karena Skelton**  
Shawnigan Lake Veterinary Wellness Practice

Shawnigan Lake, BC (July 10, 2018) - Shawnigan Lake Veterinary Wellness Practice is now offering limited general medicine appointments as well as animal hospice and palliative care services for pets with life limiting or incurable diseases and support for their families.

Animal Hospice and Palliative Care provide comfort to companion animals as they approach the end of life. Services may include hospice treatment, pain/anxiety management, and in home eutha-

nasia. The concept initially gained significant traction within the pet industry and veterinary medical field. Now, pet owners are embracing it.

Many pet parents choose hospice care in order to participate in decision making about their pet's needs, have time to say goodbye to their companions and to plan for their death.

"People all over the world are interested in how they can provide meaningful end of life care to their pets", said Drs. Phipps and Skelton. "We are happy to be at the forefront of this innovative, yet much-needed practice."

For additional information and a list of Frequently Asked Questions about animal hospice and palliative care, visit the International Association for Animal Hospice and Palliative Care (IAAHPC)'s website: <http://www.iaahpc.org/for-pet-parents.html>

Shawnigan Lake Veterinary Wellness Practice is a locally owned and operated small animal practice located in the heart of Shawnigan Village.

"Started by our families to care for your family"

Contact us via phone: 250.929.5888 - [Shawniganvet@gmail.com](mailto:Shawniganvet@gmail.com) - [shawniganvet.ca](http://shawniganvet.ca)

## Trash team players wanted

**Kim Barnard**  
Clean-Up Day

The sky was clear and the conditions seemingly perfect for a Mt Baldy hike to the famous swing and lovely bird's-eye views of Shawnigan Lake. Imagine our surprise to stumble upon a sorry mess at that height! Someone had left a smashed monitor in the middle of the trail. We can feel helpless when just passing by, but I took photos. I recognized this public safety issue from my time as one of two Shawnigan Lake residents on the CVRD Solid Waste Management Plan Advisory Committee. When you come across the crime scene of an illegal dumping, it's possible to alert our government to take

action as part of the Report All Poachers and Polluters system (<https://forms.gov.bc.ca/cnrvi/ronment/rapp/>).

This same government bureaucracy, provincial and local, was met with residential backlash recently with their move to "mandate" waste management. In fact, the SWMP Advisory Committee had chosen the word "universal" to shape the 13 principles and guidelines that the updated plan would cover.

Universal access to proper waste diversion and disposal is every citizen's right. I am convinced, from time spent working through the scope of the challenges, that no one person or service provider is going to

adequately handle all of our region's waste management.

The future demands we cooperate to become even more educated, actively improving and prepared for growth and disaster scenarios - not to mention welcoming even more visitors to our vistas! Each of us can be mindfully reducing consumption and mitigating careless acts of trashing nature. Each of us can look beyond our driveways to the ditches and trails.

Why not even plan to lend a hand at our 2nd Annual Clean-Up Day on Sunday, April 28th from 10-2pm at the SLCC and Pavilion. We have to work together to keep the trash out of our treasure.



**Shawnigan Lake - Area B**  
Director's Meeting with Director Sierra Acton

**Emergency Preparedness - Are You Ready???**

Presented by: **Sybille Sanderson**

Emergency Program Coordinator  
CVRD Public Safety Division

Date: Monday, March 4, 2019

Time: 7:00PM

Location: Shawnigan Lake Community Centre  
2804 Shawnigan Lake Road

COWICHAN VALLEY REGIONAL DISTRICT

[www.cvrld.bc.ca](http://www.cvrld.bc.ca) @mycvrd facebook.com/mycvrd

**South Cowichan**  
**COMMUNITY POLICING**  
**Advisory Society**



**ANNUAL GENERAL MEETING 2019**

Date: Tuesday, March 12, 2019

Time: 6:00-8:00 PM

Location: Mill Bay Fire Hall #1  
2675 Lodge Pole Road, Mill Bay, BC  
(Meeting Room - down drive & around back)

Office: Mill Bay Centre Unit 120 - 250 929 7222



**South Cowichan**  
**COMMUNITY POLICING**  
**Advisory Society**

## Seniors Wellness & Safety Day

Visit face to face with the people in your community who provide safety, recreation, wellness and health services for seniors living in your area.

**Friday, February 22, 2019**  
**10:30AM to 4:00PM**

**Shawnigan Lake**  
**Community Centre**  
2804 Shawnigan Lake Road  
(Up the hill from RCMP Station)



- ◇ Home Care Resources
- ◇ CVRD Emergency Preparedness
- ◇ Personal Safety for Seniors
- ◇ ICBC Seniors Drive Smart
- ◇ Shawnigan Lake Fire Station
- ◇ Cowichan Caregiver Support Society
- ◇ South Cowichan Seniors Network
- ◇ YSAG Young Seniors Action Group
- ◇ Recreation Resources

& more to be confirmed...

For more information call South Cowichan Community Policing @ 250 929 7222  
Or the Cowichan Seniors Community Foundation @ 250 715 6481



## Malahat Legion

G. J. Solley  
Malahat Legion

February is looking like a really busy month. Besides our regular Wednesday Soup and Sandwich Lunches, our Drop-in Crib at 7:00 pm has become very popular with new members joining in. Our regular meat draws will be held every Saturday in February.

### FEBRUARY

- ★ 8th - PORK CHOP DINNER, includes, potatoes, and veggies: \$14.00 (Inc. gst)
- ★ 15th - JAMMERS return from 7 - 10 PM
- ★ 22nd - HAM DINNER - includes potatoes, and veggies - \$14.00 (Inc. GST) - Followed by a fun Casino Night \$10.00 (Inc. \$100.00 play money)

- ★ MARCH 2nd - 3 - 5 pm double meat draw.

### Chili by donation towards the Wounded Warriors Run BC

For the past six years the WOUNDED WARRIORS RUN BC has made a scheduled stop at the Malahat Legion on their run from Port Hardy to Victoria. 100% of the funds donated from Vancouver Island, stays on Vancouver Island. Wounded Warriors will arrive at the Malahat Legion between 5:00 & 5:30 pm. Please come and join the Legion Members and friends to welcome them to Shawnigan Lake.

Please remember to sign up at the Legion for Friday dinner nights and, remember, when our kitchen is open children are welcome too.

## Shawnigan Weather January 2019

Stats courtesy of UVic Weather Network ~ compiled by Grant Treloar

	January Normal	Cigarmaker's Bay		Discovery School		Museum		Elford Road	
		2019	2018	2019	2018	2019	2018	2019	2018
Average High	6.3	6.9	5.8	8.4	7.4	8.9	6.9	7.8	6.7
Average Low	0.5	1.7	1.9	1.8	2.4	2.3	2.0	1.4	1.9
Extreme High	15.0	10.7	10.1	14.1	11.2	13.7	10.8	11.5	11.0
Extreme Low	-21.1	-1.6	-1.6	-1.1	-1.2	-1.1	-1.8	-2.0	-2.0
Precipitation	215.3	214.6	300.9	196.5	295.0	182.7	280.2	226.6	333.0
Days w precip	20	15	27	15	27	15	27	15	26
Year Precip	215.3	214.6	300.9	196.5	295.0	182.7	280.2	226.6	333.0
Precip since Oct 1	534.7	811.1	883.6	737.6	856.1	658.5	791.0	803.7	886.0

Rank since 1914: 10<sup>th</sup> warmest, 36<sup>th</sup> wettest

Lake Temperature: Jan 7<sup>th</sup>: 5° Jan 14<sup>th</sup>: 4° Jan 21<sup>st</sup>: 4° Jan 28<sup>th</sup>: 5°  
 Lake Level Change: Jan 7<sup>th</sup>: +48 cm Jan 14<sup>th</sup>: +58 cm Jan 21<sup>st</sup>: +31 cm Jan 28<sup>th</sup>: +2.5 cm  
 Surface Elevation: 117.62m 116.84m 116.74m 116.77m

## SHAWNIGAN LAKE VOLUNTEER FIRE DEPARTMENT

PO Box 201, Shawnigan Lake, BC V0R 2W0  
 Phone: (250) 743-2096  
 Fax: (250) 743-2096  
 Non-emergency  
 Phone: (250) 812-8030  
 shawniganfire@shaw.ca

Department members attended 33 incidents in January

- ★ Wednesday, Jan 2 - Hydro Lines on W Shawnigan Lake Rd
- ★ Thursday, Jan 3 - 1st Responder off Gregory Rd
- ★ Friday, Jan 4 - Assistance off Deloume Rd
- ★ Friday, Jan 4 - Hydro Lines on Dunwick Rd
- ★ Friday, Jan 4 - Hydro Lines on Shawnigan-Mill Bay Rd
- ★ Saturday, Jan 5 - MVI on Shawnigan Lake Rd
- ★ Saturday, Jan 5 - 1st Responder off Shawnigan-Mill Bay Rd
- ★ Sunday, Jan 6 - Hydro Lines on W Shawnigan Lake Rd
- ★ Sunday, Jan 6 - Hydro Lines on Shawnigan Lake Rd
- ★ Friday, Jan 11 - 1st Responder off Shawnigan-Mill Bay Rd
- ★ Friday, Jan 11 - 1st Responder off McKean Rd
- ★ Saturday, Jan 12 - MVI on Shawnigan Lake Rd
- ★ Sunday, Jan 13 - Burning Complaint on Gibbs Pl
- ★ Monday, Jan 14 - Assistance off Treit Rd
- ★ Monday, Jan 14 - 1st Responder off Shawnigan-Mill Bay Rd
- ★ Monday, Jan 14 - Chimney Fire on Shawnigan Lake Rd
- ★ Monday, Jan 14 - 1st Responder off Renfrew Rd
- ★ Monday, Jan 14 - 1st Responder off Heald Rd
- ★ Monday, Jan 14 - MVI on Renfrew @ W Shawnigan Lake Rds
- ★ Tues, Jan 15 - 1st Responder off Wilmot Rd
- ★ Wednesday, Jan 16 - 1st Responder off Heald Rd
- ★ Thursday, Jan 17 - 1st Responder off Renfrew Rd
- ★ Friday, Jan 18 - MVI/ Hydro Lines on Cameron-Taggart Rd
- ★ Saturday, Jan 19 - Alarms Activated on Cameron-Taggart Rd
- ★ Tuesday, Jan 22 - 1st Responder off Shawnigan Lake Rd
- ★ Tuesday, Jan 22 - 1st Responder off Shawnigan Lake Rd
- ★ Wednesday, Jan 23 - Assistance at Thain Rd Rock Quarry
- ★ Saturday, Jan 26 - Structure Fire on Stein Way
- ★ Tuesday, Jan 29 - 1st Responder off W Shawnigan Lake Rd
- ★ Tuesday, Jan 29 - 1st Responder off Shawnigan Lake Rd
- ★ Wednesday, Jan 30 - 1st Responder off Shawnigan Lake Rd



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**"Every moment is a fresh beginning."**  
 ~ T.S. Eliot

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 48<sup>TH</sup> ANNUAL  
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**Saturday, March 2, 2019**  
 8:00 AM - 3:00 PM  
 ADMISSION : \$3.00 PP

**ISLAND SAVINGS CENTRE**  
 James Street, Duncan  
 (home of the largest hockey stick)

**FREE PARKING**  
**HANDICAP ACCESSIBLE**

## COMMUNITY GROUPS

- ★ **Area B Director's meetings with Sierra Acton**  
Office hours by appointment. Email [sacton@cvtcd.bc.ca](mailto:sacton@cvtcd.bc.ca) For more info check Facebook at Sierra Acton Area B
- ★ **Shawnigan Advisory Planning Commission (APC) Meetings TBA**  
Contact: Bruce at [jenniebruce1@gmail.com](mailto:jenniebruce1@gmail.com)
- ★ **Shawnigan Parks and Recreation Commission**  
Meetings are held bi-monthly on the third Thursday of the month. 7pm at the Shawnigan Lake Community Centre.
- ★ **Shawnigan Lake Community Centre Commission**  
Meetings TBA. Held at the Shawnigan Lake Community Centre
- ★ **Shawnigan Improvement District**  
2nd Monday of each month 7 pm at #1 Fire Hall
- ★ **Shawnigan Residents Association (SRA)**  
For info: check [www.thesra.ca](http://www.thesra.ca)
- ★ **Shawnigan Lake Community Association (SLCA)**  
Contact: [hburr@shaw.ca](mailto:hburr@shaw.ca)
- ★ **Shawnigan Basin Society**  
1st Tuesday of the month in Watershed office: Unit 4-1760 Shawnigan Mill Bay Road. Office hours: Tues & Thurs 11-1 Wed 6-8. Contact: [lulife@shaw.ca](mailto:lulife@shaw.ca)
- ★ **Young Seniors Action Group (YSAGS)**  
Contact: [blogysag.ca](mailto:blogysag.ca) - email: [ysagssl@gmail.com](mailto:ysagssl@gmail.com)
- ★ **Shawnigan Lake Museum**  
Open Friday to Sunday - 10:30-4. Contact: [shawniganlakemuseum@shaw.ca](mailto:shawniganlakemuseum@shaw.ca) [www.shawniganlakemuseum@shaw.ca](http://www.shawniganlakemuseum@shaw.ca)
- ★ **South Cowichan Community Policing (SCCP)**  
Contact: 250-929-7222 - [www.southcowichancommunitypolicing.ca](http://www.southcowichancommunitypolicing.ca)
- ★ **Royal Canadian Legion Malahat District Branch 134**  
Saturday Meat Draw 3:00-5:00pm. Contact: [Gloria\\_gsolley@shaw.ca](mailto:Gloria_gsolley@shaw.ca)
- ★ **South Cowichan Healthcare Aux.** every second Tuesday from 1 -2pm. at Mill Bay Community League Hall. [southcowichanhealthcareaux@gmail.com](mailto:southcowichanhealthcareaux@gmail.com)

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## Shawnigan Cemetery



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### FOR SALE MISC

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Your message delivered to every  
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### GENERAL INTEREST

#### RENTALS

#### CHILDCARE

#### EMPLOYMENT

#### AUTOMOTIVE

#### LOST - FOUND

### ANNOUNCEMENTS

### HOME SERVICES

#### FREE

#### WANTED

What Is It? Where Is It?  
Why Is IT?



One lucky respondent with the correct  
answer will be randomly selected to win two  
Specialty Coffees at Shawnigan House.  
Reply to: [editor@shawniganfocus.ca](mailto:editor@shawniganfocus.ca)

## CONGRATULATIONS

The winner for January was Roswynne Cuthbert  
who combines a vivid imagination with a keen eye  
for detail. She stated: "My first thought was of a  
sinking Canada Goose with a very large cleaver  
over its head, but on reflection I would say it is the  
#1 new pump at our freshly renovated, but still  
charming, Shawnigan Garage."



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Dr. Denise Phipps DVM

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RECYCLING

[sarahandcompany@shaw.ca](mailto:sarahandcompany@shaw.ca)



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## Shawnigan Basin Society: Milfoil Pilot Project

**Kelly Musselwhite**  
Executive Director

It would be logical to assume that the amount of rain and subsequent increased flow of water out of the north end at Shawnigan Creek are flushing both organic and non-organic debris from Shawnigan Lake; however, this conclusion would not be entirely true. Although it is the case for the top layers of the water column, it is not true for the sediment along the lake's bottom. In fact, sedimentation along the bottom of the lake grows during these heavy rains as surface water rushes down the basin from harvested upland forests into the lake. Of course, within those accumulating sediments are high levels of nutrients (and contaminants), which not only cause chemical changes to our drinking water, they also feed plants – more specifically the prolifically invasive Eurasian Water-Milfoil – a growing problem in Shawnigan Lake.

Human activity is the unfortunate vector of milfoil. First introduced into Shawnigan by a contaminated boat bottom or released from a fresh water fish tank, it was then fragmented and spread by increased summer recreation, and finally nourished by aging and leaking septic systems and nutrient laden run-off. Two observational surveys, one in September 2016 and the other in October 2018, have determined Milfoil now covers almost 100% of the lake's shoreline. Exceptions are few: where the bottom is rocky, where there is too much silt, or where obvious human grooming has occurred.

The Shawnigan Basin Society, committed

to protecting the long-term health and safety of the Shawnigan Lake watershed and the drinking water it provides, remains focused on appropriate labour and cost effective solutions to combat the growing milfoil problem. To that end, we will be hosting information sessions to explain the issues of milfoil as well as the technology and strategy behind a science-based pilot project to take place in mid-April. Please join us February 20 and March 20 at 7 pm in our village office located at #4-1760 Shawnigan Lake-Mill Bay Rd.

Now having letters of support from TimberWest (titleholder of the bottom of the lake); the Department of Fisheries and Oceans; the Ministry of Environment; the Cowichan Valley Regional District; BC's Coastal Invasive Species Committee; the Mill Bay and District Conservation Society; the Shawnigan Research Group; and the Shawnigan Bioremediation Society; we have submitted an application to the EcoAction Community Funding Program for a \$100,000 grant to finance an extensive and long-term management plan.

The Shawnigan Basin Society promotes a holistic approach toward environmental solutions, community engagement, and local stewardship. Please join us! We meet on the first Tuesday of every month at 7:00 pm and our office hours are Tuesday, Wednesday and Thursday from 10:30 am to 2:30 pm.

For more information, please visit our website at [www.shawniganbasinsociety.org](http://www.shawniganbasinsociety.org) or email [info@shawniganbasinsociety.org](mailto:info@shawniganbasinsociety.org).

## 48th Annual Diggers Show & Sale

**G.J. Solley**  
The Diggers Club

**March 2nd, 2019**

**8:00 AM – 3:00 PM**

The Diggers Club was established in 1971. We are the oldest club of its kind in B.C. The club started out with a group of "diggers" who actually went around and "dug" bottles and other items out of the ground. Thus the name "DIGGERS"

Come out and meet Tom Paterson, President of the Diggers Club and author of many books on the Cowichan Valley. He is also well known from his articles published in the Cowichan Valley Citizen newspaper.

Island Savings Centre is handicap accessible, has free parking and a concession. Admission is only \$3.00 per person.

If you are interested in learning more about antiques, and want to become a member, check out the display boards. Meetings are held the second Wednesday each month from September to June in Chemainus.

For more information please contact Gloria at [Diggersclub@shaw.ca](mailto:Diggersclub@shaw.ca)

*Statistics show that Volunteer work is important for your health. Volunteering is about giving, contributing and helping other individuals and the community. Volunteering means working with others to make a meaningful contribution to a better community. Volunteers don't get paid because they are worthless...it's because they are priceless.*

### HEALTHY BEGINNINGS

A Free Drop-In at the  
Shawnigan Lake Community Centre



Healthy Beginnings is a friendly, relaxed group for moms and dads with babies and toddlers from birth to 3 years of age.

No registration is required, just drop-in to visit and share a cup of coffee or a snack.

We will be discussing a wide range of topics.

It all begins at 10:30 AM

Every Thursday except the weeks with a statutory holiday.

INFORMATION : Rhoda - 250 709 3050

EMAIL : [rhoda.taylor@viha.ca](mailto:rhoda.taylor@viha.ca)

FACEBOOK : Healthy Beginnings Cowichan

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